

USAG Garmisch Newsletter

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Director's Notes

16 February, 2012

Servus Garmisch!

Great news for our community! Congratulations to Principal Debbie Parks and the staff of the Garmisch Elementary/Middle School for passing their five-year accreditation with flying colors. The CONUS-based accreditation agency, AdvancED, assigned GEMS the highest rating ever received by a DoDDS school, notably exceeding standards in five of the seven reportable areas. Yes, the school staff played a significant role in this great achievement. However, every parent, volunteer, or private organization who was involved in school activities contributed to the school's outstanding performance. This community can be proud to have an educational institution that excels in student enrichment and community involvement, and also leans forward in developing new processes to improve student learning. They truly are the "GEMs" of the Alps!

Yesterday I took a quick peek at our FMWR operating hours and program survey. We had over 180 community members respond. This community's most concerned area for operational hours was the Mueller Fitness Center. Since my arrival in November, I have fielded numerous community complaints regarding last year's decision to close Sundays. However, I can tell you

that this initial view of the survey seems to support this decision. It's a very close split between a Saturday or Sunday closure. We'll continue to review the responses and should have a more definitive result by the March 8 Town Hall. Don't worry, we will not implement new hours at any of our facilities until we make the results public and discuss them with the community.

Finally, I want to give praise to the great job our DPW road crews have done during the past few weeks. They have put in many overtime hours ensuring roads, parking lots, and sidewalks are clear of ice and snow – and I'm sure they will still have more to do! Please take your time and thank them next time you see them in your area. They are a great bunch of guys and I'm sure a smile and a thank you would really make their day!

Take care and stay safe!

John M. Cavanaugh
Interim Garrison Manager



Legal & Tax Assistance



The Hohenfels Law Center will provide legal assistance services to the Garmisch community as follows:

16 & 17 February

The services provided include assistance with both U.S. and German legal issues.

Please remember to bring your own witnesses if you would like a last will and testament or a living will executed. The service is available on an **appointment-only** basis. To make an appointment with the Hohenfels Law Center please call at DSN 466-2401 or Civ 09472-83-2401.

Please identify yourself as a Garmisch community member and that you want the appointment in Garmisch.

We recommend customers, especially retirees, to call in advance to ensure the scheduled dates are still valid as we have no way to notify our customers off-post of any last minute changes to the schedule.

The Legal Assistance Office is **located in the headquarters building 203**, ground floor to the left, room 4 on Artillery Kaserne.

Mark Messner-Chaney at the USAG Garmisch Pass & ID card office provides **notary service** for the Garmisch community. The telephone number is DSN 440-3737, Civ 08821-750 3737 and the office is located on the ground floor in building 203 on Artillery Kaserne.

The Tax Office in building 203 is now open Monday-Friday for appointments between 10 a.m. and 2 p.m. Don't procrastinate, because the appointment schedule fills up fast! To make an appointment, call 08821-750-3516 or DSN 440-3516.

The Garmisch Community Newsletter

is authorized by the Secretary of the Army and published Thursdays by the U.S. Army Garrison Garmisch Public Affairs Office, building 250, Artillery Kaserne, Unit 24515, APO AE 09053-4515, DSN 440-3843/CIV 08821-750-3843. Private organizations noted in this publication are

not part of the Department of Defense. Submissions must include submitter's name and complete duty civilian telephone numbers. Advertisement submissions are limited to 75 words and normally appear for two issues. Send advertisements by e-mail to GarmischPAO@eur.army.mil

The **deadline** for advertisement submissions is one week in advance of the desired edition date; for the March 1 edition will be February 24.



LTG Hertling's Presidents Day Message



Presidents Day is an opportunity for us to remember and honor our past Commanders-in-Chiefs. Each of them have led our nation during challenging times, and their composite leadership has contributed to our nation being what it is today.

As I reflect on the many stories and achievements of our Presidents, there is one that clearly stands out. It's the story of Dwight D. Eisenhower, the 34th President of the United States, and one of several who served as President and as a member of the military. "Ike" served as Supreme Commander of the Allied Forces for the invasion of Europe during World War II (wearing the patch we proudly wear today which designates USAREUR), and he served as President from 1953 to 1961, a time when the Cold War was just beginning. He understood challenging, complex and difficult situations.

President Eisenhower once said: "Our real problem, then, is not our strength today; it is rather the vital necessity of action today to ensure our strength tomorrow."

He had a way of seeing the big picture...and he understood that the actions we take today, as leaders, will help prepare us for the uncertainties of tomorrow. He was a true example of what leaders should strive to be.....he was a professional, rooted his actions in values, and he had concern and care for people that was exemplary.

Leaders at all levels, from squad leader to platoon sergeant, from platoon leader to battalion commander, from Command Sergeant Major to Lieutenant General, must always know their actions **today** will contribute to shaping our Army and our nation's future for **tomorrow**.

As you celebrate Presidents Day, take time to reflect on what type of leader you are today and how you are using your unique skills to shape the Army – and the Nation – that we all want tomorrow.

Have a safe and enjoyable Presidents Day weekend.

Strong Soldiers, Strong Teams!



Civilian Record Brief provides snapshot for employee's data

The Army has developed a Civilian Record Brief for civilian employees and their supervisors.

The one-page Civilian Record Brief, or CRB, provides a snapshot of an employee's official data pulled from various sources: MyBiz, Defense Civilian Personnel Data System, Notices of Personnel Actions (SF-50s), and Army Training Requirements and Resources System. By consolidating data onto a single page, employees will be able to easily review their personnel data, ensuring the official database information is accurate and complete.

Installation Management Command leadership emphasizes the importance of civilian employees taking ownership of their careers and ensuring their records are correct. The CRB will serve as a vehicle to correct and update missing or outdated information such as training, awards, performance histories and education.

Civilians will be able to use MyBiz to self-certify and update degrees, professional licenses, occupational certifications, professional military education and technical training. It will also enable supervisors and managers to better mentor employees.

A side benefit of the CRB is the ability to use it as a foundation for and/or attachment to resumes and Individual Development Plans, known as IDPs. The CRB enables employees to include employment data not included in official records that may be of value to a future employer -- such as non-Army positions, developmental assignments and military duties.

The CRB will be available to employees through the Employee tab in CPOL. Employees may update some information using the self-service capabilities of MyBiz and CPOL Portal.

To access their CRB employees should go to <http://acpol.army.mil> and log in via the Employee Portal (Top Right). Click on the Employee tab (Top Left) and in the Employee Data section click on the GO button. Their CRB will be located under the Self Service Applications section.

Changes made using MyBiz will normally be reflected in the employee's personnel record the following day.

Anyone who encounters problems accessing their CRB can use the help desk ticket function in MyBiz.



WINTER SAFETY 2012

THE USAG GARMISCH SAFETY OFFICE INFORMS:

You can't see through snow, so make this "preflight check" before every winter car trip:

- Once snow or ice does arrive, take some extra time to make sure your car is clean and your visibility is good.
- **Clear off the entire car, not just a little peephole in the windshield. First of all, you need just as much, if not more, visibility in poor conditions, because you have to keep your eye peeled for every other knucklehead on the road.**
- **Make sure every glass surface is clear and transparent by using a snow brush and/or ice scraper.**
- Your side view mirrors and all lights should be brushed and cleared as well.



GEMS exceeds expectations with official accreditation

Story and photo by Betsy Riley

There was no shortage of emotions among audience members at Garmisch Elementary/Middle School as Leslie Wangberg, Senior Associate of EdCount and team leader for AdvancEd, presented her team's findings for the school's five-year accreditation process.

Even Wangberg's eyes welled as she revealed the school's unprecedented achievement of "Highly Proficient" in five out of the seven accreditation standards—a rating reserved for evidence that a school exceeds the standard being met. On the remaining two standards, the school received an "Operational" rating, indicating the school's complete and consistent fulfillment of the standard.

"Garmisch EMS now joins Bitburg Elementary School and Bitburg Middle School in the Europe High Five Club," said Marie Muller McGurn, Instructional Support Services Continual School Improvement for DoDEA-Europe, Bavaria District. "Only one school in DoDEA, Wetzel Elementary School, has received six Highly Functional ratings."

GEM's five HF ratings were awarded in Standard 1 (Vision and Purpose), Standard 2 (Governance and Leadership), Standard 5 (Resources and Support Systems), Standard 6 (Stakeholder Communications and Relationships), and Standard 7 (Using Results for Continuous Improvement).

Wangberg's Quality Assurance Review Team, which also included Chief of AdvancEd, Dr. Annette Bohling, and Mr. Michael Johnson, principal at Robinson Barracks ES/MS in Stuttgart, spent countless hours collecting and analyzing evidence to support their findings.

Among the team's four commendations for the school, Wangberg stated that the school's vision is not "just a poster on the wall; GEMS is exemplifying and living its vision of 'Growing Excellent Motivated Students.'"

Wangberg noted that during interviews with students, the team was especially impressed by their understanding of the vision, citing one student's comment that "our teachers want us to be really smart and continue to learn all our lives."

The school was also commended for collaborating and building "a cohesive support system to enhance the educational experiences of the students." The team highlighted the consistent involvement of community member volunteers and innovative use of Garrison, Marshall Center and NATO School facilities to supplement the small school's limited resources. GEMS parents received further commendation for being "highly visible and involved in their child's education within the school.

"It does take a village here," Wangberg said, adding that she was shocked to discover that with school enrollment at 112, the PTA has a membership 119 strong.



The school received its final commendation for the design and development of a data management tool called the Data Locker, and for training staff on how to access and use the tool.

AdvancED is responsible for the Accreditation process of 30,000 schools in 70 countries worldwide. The complete report of the QAR Team's findings will be presented to the school and made available for staff and community members in the next 30 days.

(from left) Garmisch Garrison Manager John Cavanaugh, Bavaria District Superintendent Mike Thompson, ISS CSI -DoDDS-Europe Colleen Rohowsky, ISS-CSI Bavaria District Marie Muller McGurn, GEMS Principal Debbie Parks, and QAR team members Dr. Annette Bohling, Leslie Wangberg, and Michael Johnson.

Garmisch Commissary meat manager retires

Story and photo by Dawn Lyn, DeCA

After more than 40 years working for the Defense Commissary Agency, February 9 was the last day at work for meat section manager Peter Mueller.

Mueller first started working for the American forces stationed in Germany on May 1, 1962, and began working for DeCA in 1967. He worked at several locations including Augsburg and Munich. He transferred to Garmisch after the Munich facility shut down in 1992.

"His background as a butcher served him well with the customers" said commissary deputy director Norbert Boehmert. "With his knowledge, he was able to recommend the best cut of meat for the recipe that the customer was making."

Mueller nostalgically recalled those days before the central meat processing plant took up the job of butcher.

"I enjoyed it most when we cut our own meat at each commissary," he said "The years have gone quickly, and I have had a good time."

Retirement doesn't mean he'll be idle. Mueller said he wants to travel. The first trip he plans to take is America's east coast, revisiting places he fondly remembers,

Peter Mueller checks his section at the Garmisch Commissary one last time before retiring after more than 40 years serving American communities.

and then to see other parts of the US.

Mueller spent his last hours on the clock insuring his part of the commissary was well-stocked and looking good. His DeCA co-workers wish him well and store director Belinda Little said that she appreciates his many years of service.



US SKI TEAM MEETS AND GREETS AT EDELWEISS



By Brad Hays, Edelweiss Lodge and Resort

While snow lightly fell in the Bavarian Alps February 1, the U.S. Women's Alpine speed team visited a packed main lobby of the Edelweiss Lodge and Resort to sign autographs for vacationing guests and community members.

The athletes autographed ski helmets, posters and postcards for more than 200 fans, and in return received best wishes for the races that took place February 4 – 6.

This visit marks the tenth year that the US ski team has visited the hotel to meet with guests and the community. A tradition "that is one of the highlights of the winter season. We really appreciate the team taking time out of their busy schedules to say thanks for the sacrifices our soldiers make for the country," said Marc Janssen, General Manager of Edelweiss.

The ski race circuit was in Garmisch-Partenkirchen for a total of four days of world-class international sporting competition. US Olympians like Bode Miller, Lindsey Vonn, Ted Ligety and Julia Mancuso are among the top world cup ski racers in the world. The American military presence in Garmisch is what makes this stop so special to the team, said U.S. Ski Team spokesman Doug Haney.

"That is a big part of coming to Garmisch," Haney said. "The fact that the base is there gives us a home team edge, which is cool."

Stacy Cook, a skier racer on the U.S. ski team from Mammoth Mountain, California was one of six racers signing autographs at Edelweiss Resort.

"It is so great getting to meet with the service members. They give us inspiration to race just that much harder," said Cook. "We would love for a win in Garmisch!"



Awesome! I sure hope the girl from Oregon remembers me!" said Emily Teets, 5, of Oregon and first in line to receive autographs from four members of the US Ski Team. In what is becoming an annual event, the athletes generously gave up the evening of February 1 to meet United States Army Garrison Garmisch community members and guests of the Armed Forces Recreation Center's Edelweiss Lodge and Resort. A long line stretched from the crowded lobby to the back of the building as hundreds of ski fans got a chance to meet the team. From left: Laurenne Ross, Stacey Cook, Alice McKennis, and Leanne Smith. Emily's mom, Melody, also collected autographs after waiting in line for more than an hour so her daughter could be first.



Free wireless internet at the Edelweiss Lodge and Resort

Written by Brad Hays,
Marketing Manager Edelweiss Lodge and Resort

As the snow falls in Garmisch, Germany a service member couple on vacation at the Armed Forces Recreation Center, Edelweiss Lodge and Resort cozy up to the fireplace and enjoy a glass of wine after a great day. Another family who is on R&R leave from Iraq is relaxing in the hot tub after a sightseeing tour to the famous Neuschwanstein castle. Outside the Resort, the kids are enjoying making a snowman with their dad who just returned from a long deployment.

What do these service members on vacation all have in common? They all can share their vacation photos, update their Facebook status, check on travel plans and Skype their friends to brag about what a good time they are having on vacation by using the free wireless internet now available during their stay **made possible by the Veterans of Foreign Wars (VFW)**.

Like many of these soldiers on vacation, the VFW has been there and knows what type of support service members and their families need. That is why the VFW partnered with the Edelweiss Lodge and Resort to offer free wireless internet to all vacationing and conference service members' guests. VFW members appreciate the chance to support fellow service members through every stage of their military experience, even including the moments when you are spending time on vacation.

"Having the opportunity to provide free wireless internet is just one of many ways to convey the VFW's utmost appreciation for the tremendous service and sacrifice of our nation's service members," said VFW Adjutant General, Allen "Gunner" Kent. "The VFW constantly strives to do everything possible toward ensuring that our men and women in uniform have the ability to stay connected with family members while deployed and now, while they vacation at Edelweiss Lodge and Resort, one of the world's premier vacation spots."

The VFW is also a proud sponsor of the Edelweiss Lodge and Resort federal holiday weekend celebrations. Every American holiday weekend like President's Day, Fourth of July, Labor Day and more will be full of special events like live Bavarian shows, choreographed fireworks over the Alps, horse and carriage rides, family activities and much more for service members and their families to enjoy.

"Edelweiss Lodge and Resort strives to provide memorable vacation experience for our service member guests. With partners like the VFW, we are able to positively impact service members and their family's lives through rest and relaxation while on vacation," said Marc Janssen, General Manager of Edelweiss Lodge and Resort.

For more information about vacationing at Edelweiss Lodge and Resort, please visit www.EdelweissLodgeandResort.com or to find out what the VFW can do for you, please visit www.VFW.org.



Metlife Study Finds Parents Have Limited Awareness of Recommended Pediatric Dental Care

New York, NY – February 6, 2012 – While 97% of parents of children ages five and under, with dental insurance, would rate their child's oral health as excellent or good, many may actually be overly optimistic. A MetLife Study released today reveals many parents are not following recommended guidelines for brushing, flossing, and other habits for optimal pediatric oral health. Nearly a quarter of surveyed parents, 23%, have been told by a dentist or hygienist that their child was at risk for tooth decay.

About half (47%) of the parents surveyed have not spoken to their pediatrician about their child's teeth and may not be making the connection between their child's oral health and their overall health. "According to the office of the Surgeon General, tooth decay is the single most common childhood disease—five times more common than asthma and seven times more common than hay fever. Parents should be speaking to their pediatricians to learn more about how their child's oral health can affect their overall health," said Dr. David Guarrera, DDS, vice president, MetLife Dental Products. "With the help of their dentist, parents can take a few simple steps to introduce healthy oral hygiene habits at an early age and to make sure their children's teeth are protected."

Practicing Healthy Oral Hygiene

According to the study, 42% of respondents report that their child's teeth or gums are brushed once a day or less, and nearly half, 45%, say their child's teeth are never flossed. "Children should be introduced to the concept of teeth cleaning and brushing at an early age. Once a tooth appears, parents should brush children's teeth twice a day with a child's toothbrush and water," notes Dr. Guarrera. "According to the American Dental Association, parents should start using floss on their children's teeth as soon as any two teeth touch, to remove plaque where a toothbrush cannot reach." Over half of parents, 60%, say their kids are eating sugary foods at least once a day. Eating sugary foods can cause damaging acids to form in the mouth. These acids can affect teeth for at least 20 minutes before they are neutralized and chewy sweets stick to the surface of the teeth, spending more time in the mouth and potentially causing more damage. Because of this, parents should consider how often their children are eating sugary snacks and the type of snacks their children are consuming. Also, if parents cannot brush their child's teeth after eating a sugary snack, it is very important to rinse at the very least.

Working with Your Dentist

Nearly 25% of respondents have not taken their child to the dentist in the past year for a dental exam, when asked about how often their child should visit the dentist, about one third (35%) responded that a child 5 years old or younger should visit a dentist less frequently than twice a year or were unsure. "It is recommended that a child is taken to see a dentist within six months from when the first tooth appears, but no later than his or her first birthday," notes Dr. Guarrera. "But two-thirds of parents in the study said that their child was two to three years old when he or she had the first dental check-up. This is troubling because, while 72% of respondents added their child to their dental insurance policy between their birth and their first birthday, only 16% of parents actually took their child for their first dental checkup." Only 46% of respondents say their child has received fluoride treatment from a dentist or dental hygienist within the past year. Sixty-one percent of respondents report fluoride is in their tap water and 39% indicate there is either no fluoride in their tap water or they are not sure. Fluoride is extremely important for the prevention of tooth decay. According to the Office of the Surgeon General, people who live in communities with naturally fluoridated drinking water have far less tooth decay than people in comparable communities without fluoride in their water supply. Parents should speak to their child's dentist about fluoride treatments, particularly if the family lives in a community that does not contain fluoride in the water supply.

MetLife, celebrating 50 years of healthier smiles in 2012, continues to enhance its online Oral Health Library. For tips about maintaining and improving the oral health habits of children, download a copy of *Parental Oral Health Literacy: Equipping Parents with Important Information About Children's Oral Health* at www.metlife.com/dentalinsights.

MetLife, which today is a leading provider of dental plan administration for nearly 20 million people, provided its first dental benefits for families in 1962.

Methodology

MetLife commissioned IBOPE Zogby International to conduct the MetLife Dental Insurance Literacy Study. The survey sample consisted of 500 telephone interviews of parents of children ages 5 and under with dental insurance. For more information, visit www.metlife.com



Military Saves Week

The Garmisch ACS, along with the Community Bank and the Service Credit Union, will be hosting several programs throughout the week of 21-24 February for Military Saves. The kick-off for the Military Saves Program will be on Tuesday, 21 February from 11:00 a.m.-2:00 p.m. Stop by the ACS lobby for refreshments and use our computers to "Take the Savings Pledge". After taking the pledge, enter your name in our drawing for prizes and play a Financial Trivia Contest!

This year, the Garmisch Community is being supported with a Personal Financial Counselor, Mr. Jed Brody. Mr. Brody was born in Connecticut. He lived his early adult years in Israel where he earned a bachelor's degree from Hebrew University in Jerusalem. He returned to the United States in 1990 and worked as a Certified Financial Planner in the financial industry and in private practice. He joined MHN, Military Health Net, in 2007 delivering personal financial assistance to active duty Service Members, and National Guard and Reserves, through reintegration events and the Wounded Warrior program.

Mr. Brody will present several financial sessions throughout the week. (See the attached flyer for times and topics.) His sessions will cover using credit wisely and understanding your credit report; saving and investing from beginning, Saving and Investing, to more advanced, Riding Out the Storm.... and Have You Fed Your Pig Today; retirement planning, Dream Big, Plan Now; and the Thrift Savings Plan. The sessions run 1- 1 ½ hours. The schedule is varied and should fit everyone's schedule. Individual appointments can also be arranged. Now is the time to get started – Set a goal, make a plan, to guarantee your financial future.



Financial Readiness Program



Military Saves Week

21-24 February

For 2012 Set a goal, make a plan, guarantee your financial future

• Refreshments
• Prizes

Tuesday, 21 February
 Stop by the ACS lobby from 1100-1400 to take "The Savings Pledge" and enter the Financial Trivia Contest

A Personal Finance Counselor from Military HealthNet will offer sessions throughout the week.

- Truth and Myths of Credit Reports
 - Tues, 1200-1300 & 1400-1500
- TSP - Pay Yourself First
 - Tues, 1600-1700
 - Thu, 1130-1230
- Saving and Investing
 - Wed, 1130-1300
 - Fri, 0930-1030
- Riding out the Storm—Investing in a Turbulent Market
 - Wed, 1400-1530
 - Thu, 0930-1100
 - Fri, 1130-1300
- Have you Fed the Pig Today? Saving & Long-term Investing
 - Wed, 1700-1830
 - Thu, 1500-1630
 - Fri, 1400-1530
- Dream Big, Plan Now! Make Retirement a Reality
 - Thu, 1700-1830
 - Fri, 1600-1730







DSN 440-3526/3777
 CIV 08821-750-3526/3777
 E-mail: patricia.c.pearce2.civ@mail.mil

ACS, Bldg. 203, Room 6,
Artillery Kaserne



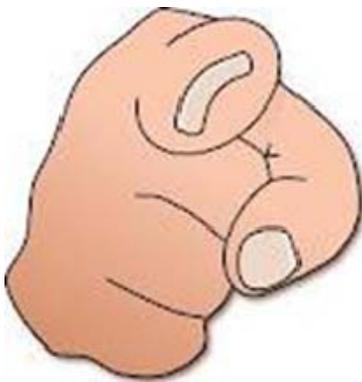
Army Community Services

Sponsorship Application & Training

Have you been asked to be a sponsor for new Service Member or employee? If you are unclear as to what is expected, plan to attend the Sponsorship Training – “How to be a Good Sponsor” on Wednesday, 14 March from 0930-1030 at ACS. Call DSN 440-3526/3777 or email to patricia.c.pearce2.civ@mail.mil for more information.

On-line sponsorship training is also available. It is called eSponsorship. It can be accessed from a government computer at <http://apps.mhf.dod.mil/esat> or from a personal computer by accessing the MilitaryINSTALLATIONS web page at <http://www.militaryinstallations.dod.mil> and go to the Sponsorship article for any of the installations. The training is designed for anyone assigned to or accepting the role and responsibilities of sponsorship. It is a quick, user friendly training and provides the sponsor a needs assessment checklist to assist with the sponsorship responsibilities with links to important resources valuable to everyone moving to a new location.

For more information, contact the Relocation Manager at DSN 440-3526/3777 or email to: patricia.c.pearce2.civ@mail.mil



**Are you looking for a way to
Get Involved? Make Friends?
Gain Work Experience? Make a Difference?
Become a VOLUNTEER!!!**

Contact ACS Volunteer Coordinator, Meghan McAndrew for community volunteer opportunities OR register with USAG-Garmisch at <http://www.myarmyonesource.com!>

Annual Community Volunteer Appreciation Luncheon
Friday, 30 March 2012, 1200-1400
Edelweiss Lodge and Resort

ACS needs your help in honoring our community volunteers!
Please contact ACS Volunteer Coordinator, Meghan McAndrew to submit community volunteer names and hours.

DSN: 440-3777 CIV: 08821-750-3777 Email: meghan.l.mcandrew.civ@mail.mil



Hours of Operation
Monday–Friday 8 a.m.–5 p.m.
Closed U.S. Holidays



*This facility
is
handicap accessible*

DSN 440-3777
CIV 08821-750-3777

ACS Classes

ACS Congratulates Community Youth Volunteer of the Quarter Charlyn Moss!!!

Charlyn Moss had been recognized as the recipient of the ACS Youth Volunteer, October-December 2011. She was honored at the Garmisch Elementary Middle School Awards Ceremony, Friday 3 February 2012 by the Acting Garrison Commander, Mr. John M. Cavanaugh and many adoring fans.



“Charlie” was selected for her participation with the Youth Center’s Social Leadership Club and the 2012 Youth AFAP Conference. She is a natural leader at the Youth Center. In September 2011, Charlie was selected by her peers as the President of the Youth Center’s Social Leadership Club. Her duties as President include: planning and organizing Youth Center dances and planning and promoting YC activities and events to her peers. Contact the ACS Volunteer Coordinator, for more information on how you can make a difference volunteering!



Are you...

***A**ware of the Army Benefits and entitlements the Army has to offer?*

***F**ed up with your Soldier knowing more about Army life than you?*

***T**ired in being lost in conversations that have to do with the Army?*

***B**affled by Army Lingo and the “Army Way” of doing things?*

If you answered YES to any of these questions, you need

Army Family Team Building Level ONE! Thursday 22 March, 2012, 0900-1600.

Please contact ACS to sign up no later than Monday, 19 March 2012. Due to the nature of this training; we must have a minimum of 5 people signed up to hold the class. Child care is available through ACS for parents attending this class, child care provided by CYS Services. Please contact ACS to register or for more information, DSN 440-3777 or CIV 08821-750-3777

Hours of Operation
Monday–Friday 8 a.m.–5 p.m.
Closed U.S. Holidays



DSN 440-3777
CIV 08821-750-3777

ACS Classes

☞ Check out new class offerings & schedules!

Adult Babysitter Class**

8 March , 0830-1600

Newcomer's Orientation**

15 Mar , 0830-1130

German Customs & Culture**

15 Mar , 1330-1530

Conversational German

0930-1100

March 13, 20, 27

Grüss-Gott Group**

1st Monday monthly 0930

Check with ACS for location

Move on Mondays

(M.o.M.) Stroller Walks

Every Monday 1015-1145

In front of ACS, Bldg. 203

Garmisch Playgroup

Every Tuesday 100-1130

Chapel Nursery

FMWR Orientation**

7 March, 0900-1200

Open to FMWR volunteers & new employees

Stress & Anger Management Class

2nd Thursday monthly

1200-1300

**Registration is required!

Contact ACS for registration and questions.

Infant Massage

Love & Logic Classes
Preconception Health
Childbirth Preparation
Class

(as needed, please call ACS to schedule an appointment)

All classes/meetings are conducted in the ACS classroom, Bldg 203, Room 6 unless otherwise listed.

Army Community Service

DSN: 440-3777

CIV: 08821-750-3777

MOM's CAFÉ

Monthly Parent Support Group

Mar 29 - Nutrition in toddlerhood

Apr 26 - Infant mental health & brain development

May 24 - Common childhood illnesses

Jun 1 - Learning games & the power of play

Jul 26 - Potty training and your child's unique personality

Aug 23 - Children's immunizations

1000-1130, ACS Bldg 203, Room 6

"Setting Boundaries"

Enforce clear, strong emotional boundaries to actively participate in projects that are meaningful to you and still take care of yourself and other priorities.

8 March 2012

1200-1300

In the ACS Training Room

Call the Family Advocacy Program for more information, 01707080744

ARMY COMMUNITY SERVICE
ACS
RealLife Solutions for Successful Army Living

USAG Garmisch
Army Community Service and the Community Library
present

Read Across America

COMMUNITY LIBRARY
Friday, March 2, 2012
10-11:30 a.m.

Celebrate Dr Seuss's Birthday week by joining millions of readers across America as they bring reading excitement to our youngest generation, newborn to pre kindergarten. Sign up to receive a free Dr. Seuss book. Also, there will be an opportunity to take a photo with the Cat in the Hat.

Please, register at
New Parent Support Program or Library
ACS DSN 440-3777, CIV 08821-750 3777
Library DSN 440-2467, CIV 088221-750 2467

U.S. ARMY
MWR
MILITARY WELFARE RECREATION

Hours of Operation
Monday-Friday 8 a.m.-5 p.m.
Closed U.S. Holidays



DSN 440-3777
CIV 08821-750-3777

ACS Programs

ARMY EMERGENCY RELIEF

The AER, Army Emergency Relief Campaign for 2012 begins 1 March and runs through 15 May. AER is a private, nonprofit organization dedicated solely to "Helping the Army Take Care of its Own." AER was established in 1942 in response to a need for financial assistance and support for Soldiers and their Families. Army Emergency Relief provides emergency financial assistance in the form of no-interest loans and/or grants.

Since 2005 AER has added several new programs and categories of assistance to include dependent dental care, cranial helmets, rental cars, and furniture in an effort to provide Soldiers with greater access to AER funds in their times of need. In addition, Army Emergency Relief provides scholarships to children and spouses of Active Duty and retired Soldiers, financial support to surviving Families of Fallen Soldiers, and grants to widows and Wounded Warriors.

Did you know that Irving Berlin donated the music rights from his 1940's hit movie 'This is the Army'? With every purchase of the movie, a percentage goes to AER and AER holds the original film. In addition, boxer Joe Lewis supported AER by donating his winning purse from several fights in the early 1940's.

Since its incorporation, AER has provided more than \$1.3 billion to more than 3.3 million Soldiers, Families and Retirees. In 2011, AER provided more than \$8 million to 4,351 Army Spouses and Children and from 2003-2011 in excess of \$2 million has been provided to Wounded Warriors through the Wounded Warrior Grant program. Eighty-nine cents of every dollar contributed goes directly to help Soldiers and their Families.

For more information about the campaign, contact the AER Officer at ACS, DSN 440-3526/3777 or email to patricia.c.pearce2.civ@mail.mil.

Community Newcomer's Briefing

German Customs and Culture

If you are new to the community, or relatively so, and would like to learn more of what the Garrison has to offer, please plan to attend the Community Newcomer's Briefing. It is a great opportunity to get to know some of the community members and increase your knowledge of what the community offers.

If you are new to Germany and the German culture, Bavaria in particular, or not so new but still curious and inquisitive, join ACS for a German Customs and Culture Class. Understanding what's going on around you and why things are as they are, will certainly make your stay here more interesting and enjoyable.

Pre-registration for both sessions is required the Tuesday prior to the event. Call ACS at DSN 440-3777, CIV 08821-750-3777 or email patricia.c.pearce2.civ@mail.mil for more information and to register.

15 March 0830-1130 Newcomer's Briefing
1300-1530 German Customs and Culture

Hours of Operation
 Monday-Friday 8 a.m.-5 p.m.
 Closed U.S. Holidays



DSN 440-3777
 CIV 08821-750-3777

Trading Post

Free: Light wood corner schrank with lighted walk in closet and two other storage areas. Must see, excellent condition. You must disassemble and haul. **Free:** Brown recliner chair.

For Sale: Matching blue print couch and chair, \$25 obo; Wooden coffee table with two glass tops. Please call 08821-750-3424 after 5 p.m. (2 of 2)

For Sale: Coffee table, two end tables and a sofa table. Cherry wood marble tops \$1200. AFN decoder \$150. Please call 0152-24834492 (1 of 2)



For Sale: Singer Sewing Machine, Model 1022. Purchased in US. Uses 110v current. Full zig-zag, free arm, straight stitch sewing machine. Asking \$60. Kitchen Aid Heavy Duty Professional Mixer. Purchased in US. Uses 110v

current. White, Two mixing bowls. "CLASSIC" Multi Function Mixer with two 4 1/2 Quart Stainless Steel bowls, Flat Beater, Pro design dough hook, Easy Bowl Lift, Stainless Steel wire whip. Asking \$95. For information, please contact Susi at +43-5677-20112 or e-mail:

dr.andrew.bellenkes@aon.at



For Sale: 1600W transformer - \$45. Brass chandelier w/8 bulbs in circular pattern - \$50. Teakwood desk w/3 drawers (80x120cm, extendable to 166cm) - \$45. Please call S. Hassman, 08821-750-3449.



Job Opportunity: The GCMC Contracting Division is seeking potential sources to provide *administrative support services* as a *Contractor* for the Partnership for Language Training Center Europe (PLTCE). Candidates shall be highly organized and have prior experience in providing administrative support services - preferably in an academic setting. For more information, please email:

james.f.miller1@marshallcenter.org

Help Wanted: The Garmisch Chapel is looking for responsible women. We are hiring child watch personnel to work in the nursery during chapel services and other programs, this is a compensated position. Please call Dawn at 01744-880821 for more details.

Custom Office Hours

CLOSED

Thursday 16 – Tuesday 21 February.

Normal hours (Tue - Fri 1 – 3.30 p.m.) will resume on February 22.



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Class meets Monday & Wednesday, 1800-2100 from 19 March through 9 May.

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Learn more about UMUC programs and help advance your military or civilian career to the next level.

\$30
Application Fee
Waived for
Any New Student*
ON
Friday,
2nd March

**Garmisch Education Center
Building 203, Room 5
Friday, 2 March from 0930 to 1600**

Enjoy refreshments and meet the field representatives.

*The \$30 application fee will be waived for any new student who applies for admission during the event.

For more information, contact your UMUC Europe Garmisch field representative:
DSN 314-440-3560, CIV +49-(0)8821-750-3560, or E-mail garm@europe.umuc.edu

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University of Maryland University College *Europe*



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MATH 103 (3 credits)

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Topics include:

- Problem solving
- Consumer mathematics
- Equations and inequalities
- Financial management
- Linear systems and graphs
- Probability and statistics

Monday and Wednesday, 1800-2100, 19 March-9 May

May apply toward the general education requirement in mathematics and elective credit

**Students planning to enroll in MATH 107 or higher, or any student whose degree plan is in computer science, environmental management, or general studies with a focus in mathematics, should not enroll in MATH 103.*

Enroll now!

UMUC Europe field representative, Garmisch Education Center (E174),
DSN 314-440-3560, CIV +49-(0)8821-750-3560, or E-mail garm@europe.umuc.edu

www.ed.umuc.edu



Garmisch Community Chapel

PROTESTANT:

Adult / Children Bible Study
Fall Kickoff: 6 Oct 1800

Worship:
Sunday: 1100

Protestant Men of the Chapel (PMOC):
Wednesday: 0630

Protestant Women of the Chapel
(PWOC):
Wednesday: 0900

COMMUNITY:

Club Beyond:
Call DSN: 440-3462 for schedule

AA:
Tuesday & Thursday: 1900
Sunday: 1100

Playgroup:
Tuesday: 1000
Sponsored by ACS

CATHOLIC:

Mass:
Saturday Mass: 1630
Sunday Mass: 0900
Weekly Mass: 1215

Confessions:
Saturday: 1530-1600
(or by appointment)

Military Council of Catholic
Women (MCCW):
1st Friday: 1215

CONTACTS:

CH (MAJ) Sears: 440-2519

MSGR Spiegel: 440-2836

SPC Payzant: 440-2540

Community Phone Numbers

All numbers below are DSN unless otherwise noted.

If you are calling from a civilian phone, please replace the DSN 440 with the Garmisch area code (08821) and 750.



AAFES PX:
CIV – 966 7414
SHOPPETTE:
CIV – 966 7414
ACS: 440 3777
AUTO SKILLS & VAN
RENTAL:
440 3580
BILLETING:
440 3308
CHAPEL: 440 2819
CDC: 440 2684
COMMISSARY:
CIV – 908 997/998
COMMUNITY BANK:
440 3619
CREDIT UNION:
440 3373

CRAFTS TREE:
440 3475
DRIVERS TESTING:
440 390
EDELWEISS: CIV –
9440
EDUCATION CENTER:
440 3560
FITNESS CENTER:
440 2747
HHC: 440 3603
HOST NATIONS:
440 3843
HOUSING: 440 3660
ID CARDS/PASSES:
440 3737
LIBRARY: 440 2467
MC LIBRARY: 440 2463
MAIL ROOM/
COMMUNITY: 440 3535
OFFICIAL: 440 3680
MARSHALL CENTER
DINING FACILITY:
440 3863
MIDDLE SCHOOL
TEEN CENTER:
440 2600
MILITARY & FAMILY
LIFE CONSULTANT:
440 3755
MILITARY POLICE:
440 3801

MOTOR POOL:
440 2835
PETE BURKE COM-
MUNITY CENTER:
440 2638
POST OFFICE: 440
3713
SATO: 440 3872
SAS: 440 2654
SCHOOL GEMS:
440 2758
SELF HELP: 440 3529
SERVICE CREDIT
UNION: 440 3373
THRIFT SHOP:
440 3552
TRANSPORTATION:
440 3488
TRICARE: 440 3816
VAT OFFICE: 440 3711
VEHICLE REG.
440 3727
WORK ORDER
DESK: 440 3555
YOUTH SPORTS:
440 2599

**USAG GARMISCH
HEADQUARTERS:
440 3825**

USAG Garmisch

Host Nation Newsletter

Out and About...

16-29 February, 2012

Thu, February 16, Noon, Mittenwald.: Dirty Thursday (*Schmutziger Donnerstag, Unsinniger Donnerstag, Weiberfastnacht*). This day is called 'dirty' because *Schmutz* (dirt) is the Alemannic word for 'fat' and it's the day to make *Fastnachtskrapfen* or *Fasnetskiechle* which are kind of doughnuts which are fried in fat.

During this time, men are well advised to wear an old tie, as women are allowed to cut them in half in exchange for a kiss. 'Mercy' is a word that women don't know on this day, as many tourists from abroad can tell. The trophies, i.e. the lower halves of the ties, are carried around and then nailed to walls. 'Castrated' men are supposed to wear the remains of their tie with pride on their faces. The humorless fraction is recognizable by wearing a pullover on this day.

With the ringing of the 12 noon church bells in downtown Mittenwald starts the parade of the "**Schellenrührer**", a group of men in masks with huge cowbells strapped on their backs trying to chase our winter with their hellish racket. A dancer leads them in a pretty costume showing spring the way. You are likely to run into a dancing bear with his trainer, the figure of grim old winter, rag people, a pack of witch or a person fallen into disgrace with the villagers, high up into the air on a tarp; the wheel spinners – masked figures spinning on a wheel pulled by 10 men in white, their faces covered with strange knitted stockings; and many other fantastic creatures of days gone by. The show lasts only about 1.5 hours. So, it's important to be there on time. Follow parking signs near train station, then just walk into center of town, using church steeple as guidance.

Noon: Schellenrührer are also in the streets in Wallgau and Krün

At about **2 p.m.** and **again in the evening** on **Ludwigstrasse in Partenkirchen** there are generally lots of masked characters - Maschkera. Particularly the afternoon is for children. I have to say generally, because it is not an organized happening. Some years lots of groups are out, other years hardly any. But, when they are out, you will find next to dressed up groups of students and children the traditional Werdenfels masks like the Bigallan (rag people), Untersberger Mandln (huge masks that take up half of the body), Schellenruehrer with cowbells on their backs, Jacklschutzer (a group tossing a rag doll/winter), woman carrying a man in a basket (one person), the ever popular mill that turns oldies into youngsters, tinkers, Schnaps vendors and the big brown bear with his keeper.

Thu, February 16, 1.30 p.m., Grainau and Frachant, Faschings parade in the streets

Fri, February 17 - 19, 9 a.m. - 6 p.m., Munich, M,O,C, IMOT – International Motorcycle Fair <http://www.imot.de/>

Fri, February 17 (and every Fri), 4.30 – 9.30 p.m., Farchant., Skilift am Ried, Night skiing

Fri, February 17 (and every Fri), 6 - 8 p.m., Garmisch-Pa., Hausberg, Moonlight sledding, Hausbergbahn runs until 8 p.m., the 5km Rodelbahn (sled trail) is lighted and secured with nets.

Fri, February 17, 8 p.m., Garmisch-Pa., Olympic Ice Stadium, Ice Hockey, SC Riessersee vs. Hannover Indians

Sun, February 19, 8 a.m., Bad Tölz, Moraltpark, Flea Market



- Sun, February 19, 11 a.m., Farchant, **Faschings Parade with Fest tent by the Sportplatz**
- Sun, February 19, 2 p.m., Garmisch, **Faschingsgaudi around the Josefsplatz – Knight Festival**
- Sun, February 19, 2 p.m., Murnau, **Fasching in the pedestrian zone**
- Sun, February 19, 1 p.m., Seefeld/Austria, pedestrian zone, **Colorful mask parade**, Carnival in



Seefeld! Become enchanted by the world of our local carnival traditions and experience true Tyrolean cultural heritage...The highlight of carnival in Seefeld! Fasching and Tyrolean tradition combine each year with a Mask Parade in the Seefeld pedestrian area. Members of traditional groups from around the Tyrol come to Seefeld and perform their dances to banish the winter wearing fascinating masks and costumes.

Sun, February 19 – Tuesday, February 21, Fasching in Munich, from Sunday through Tuesday, the city center will be turned into a gigantic party zone. Munich radio stations will set up their sound systems, and vendors will

sell food and beverages to fuel the festivities. A traditional highlight will be the "*Tanz der Marktfrauen*" (Dance of the Market Women) at Viktualienmarkt on Faschingstag at 11 am. After the dance, a crowd of about 50,000 will party on in celebration of the last day of Fasching until 6 pm. Most bars in the neighborhood will extend the festivities, which will end at midnight with the burial of a puppet representing the "Foolish Season."



Tanz der Marktfrauen

- Tue, February 21, 1 p.m., Garmisch, **Maschkerä around the Josefsplatz**
- Tue, February 21, 1 p.m., Oberammergau, **Breznangeln (Pretzel fishing) for children at the Dorfplatz**
- Tue, February 21, 1.30 p.m., Grainau, **Maschkerä in the streets**
- Tue, February 21, 2 p.m., Partenkirchen, **Schäffler Dance & Faschings Ski Jumping at the Olympic Ice Stadium**
- Tue, February 21 & 28, 8 p.m., Garmisch-Pa., Olympic Ice Stadium, **Ice Disco with 2 DJ's, €3.- admission**
- Tue, February 21, 8 p.m., Garmisch-Pa., Olympic Ice Stadium, **Ice Hockey, SC Riessersee vs. Dresdner Eislöwen**

There are way more Faschingsevents than listed above. If you are interested look in the Kreisbote paper for the Faschingskalender (events calendar). Most indoor events will cost a small cover charge.

Wed, February 22-25, Garmisch-Pa., Richard-Strauss-Platz, French Market
Wed, February 22-26, Munich, Trade Fair Center, Leisure Time Fair, The f.r.e.e. fair will provide information and equipment from the many fields of the recreational industry. Anything from mountaineering and underwater adventures to wellness treatments and nutrition news will be covered by the annual spare time fair, f.r.e.e. Apart from the presentation of myriad possibilities on how to spend your time off; a side program will feature athletic demonstrations, lectures by health advisors and travel experts. Parents may also already enjoy some free time during the fair: a kindergarten service take care of children age 3 and older. For more information on the range of products offered at the fair, visit free-muenchen.de. The fair at the [New Trade Fair Center](#) will be open daily; from 10 am to 6 pm. Day tickets cost € 7.50 for adults and € 3.50 for children (free under 6).

- Fri, February 24 (and every Fri), 4.30 – 9.30 p.m., Farchant., **Skilift am Ried, Night skiing**
- Fri, February 24, 8 p.m., Garmisch-Pa., Olympic Ice Stadium, **Ice Hockey, SC Riessersee vs. Starbulls Rosenheim**

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Fasching

It's Fasching time in Bavaria. Fasching is the time right before lent and is the German equivalent of Mardi Gras in New Orleans. It is a time to drive out winter and a time to make a little mischief before the somber time leading up to Easter. There are many costume balls and parties at this time of year. People dress up in all manner of costumes and many towns hold Fasching parades and other celebrations.

The appellation probably goes back to the ancient Germanic term 'vastchanc', which meant the serving before Ash Wednesday of a beverage to mark the start to the Christian calendar's Lent period. A couple of days of celebration have meanwhile grown – and not only in Bavaria – into several weeks of paying tribute to that frivolous time through the organizing of numerous balls and 'Weisse Feste' (White Parties). Because with few exceptions, carnival primarily takes place indoors.

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A very old feature of Munich's Fasching is the dance of the Marktfrauen (market women) of the Viktualienmarkt. They dance in comical costumes on Shrove Tuesday, and you don't have to be a Marktfrau to participate!

On the morning of Ash Wednesday (Feb 22) the inhabitants of Munich rinse their purse in the fountain called Fischbrunnen to ensure it will soon be full again. Heading the queue at this ceremony, Munich's Lord Mayor uses not his own purse, but a symbolic municipal one. Many restaurants serve a traditional fishmeal at noon and in the evening, while leading politicians of all parties let fly at one another with sharp-tongued yet dignified Ash-Wednesday speeches.

A highlight of alpine Fasching can be found in Mittenwald and Garmisch-Partenkirchen. Here, the Schellenrühren, a tradition also dating back to the 15th century, has become a major tourist attraction. Dressed in short, embroidered lederhosen and carrying beautiful wooden masks depicting young men's faces, the Schellenrührer have a broad leather belt strapped around their waist, on which they carry several heavy cow bells, together weighing between 50 and 70 pounds. When the church clock strikes noon on Unsinniger Donnerstag (Foolish Thursday, Feb 16), the parade of Schellenrührer winds through the streets in a rhythmic jump step, bells resounding with each step. It goes without saying that this is an exhausting affair, so the dancers will stop at every inn on their way. In Garmisch, each Schellenrührer teams up with a Vorläufer and they dance in pairs. Next in the parade are the Jacklschützer.

Dressed in short lederhosen, long white underpants and sheeps' wool jackets, they use a stretched blanket to launch a straw puppet, the Jackl, high into the air. Historic masks of the Werdenfelser Land can be admired in both Mittenwald and Garmisch.

In Germany's Rhineland, the Fastnacht season begins at 11:11 a.m. on the 11th day of the 11th month (November) and doesn't end until the wee hours of Ash Wednesday. But here, as in the other regions where Carnival is celebrated, it's not until what the Germans call the "heisse Phase", that things heat up. The best place to ring in the hot phase is at Weiberfastnacht in Cologne. Meaning literally "women's fastnacht," the ladies rule the streets, cutting off men's ties and singing and dancing around the downtown Alter Markt square.

Otherwise, the main attractions of German Fasching are the big Shrove Monday (Rosenmontag) parades in Mainz, Cologne and Düsseldorf. Up to one million people will line the streets for floats — usually with wry political themes — marching bands, jester's clowns and fun. The beer will flow, and from the floats, candy will fly to the Fastnacht greetings of "Hellau!" (in Mainz) or "Alaaf!" in Cologne.



Starkbierzeit - MUNICH'S FIFTH SEASON

February 22 – March 24, 2012

Strong beer, also known as doppelbock, was originally brewed by monasteries to sustain the monks during the forty days of Lent, and is now celebrated by locals to commemorate the arrival of beer.

Maximator, Unimator, Animator, Triumphator, Aviator—sounds like a gang of superheroes! Far from references to costumed crime fighters, however, those are the illustrious epithets for a special kind of beer soon to hit the beer halls of Munich. When the “Foolish Season” has ended, another festival awaits indefatigable party-goers: *Starkbierzeit*. Throughout March Munich’s breweries will serve *Starkbier* (strong beer), an extra-heavy brew that not only contains slightly more alcohol than other beers, but also exhibits a higher concentration of dissolved solids because less water is added during the brewing process.



The first monks in Bavaria to brew doppelbock beer were the monks of the Paulaner order who came from Calabria, in southern Italy. They set up a monastery on the top of Nockherberg hill, the highest point in Munich, and began brewing the strong beer in 1692.

The word “strong” doesn’t refer to the alcohol content, but to the Stammwürze—the solids (hops, malted barley and yeast) that go into making the beer. The beer must contain a minimum of 18% Stammwürze to qualify as a strong beer. “We call it liquid bread,” says Christian Dahncke, head of production at the Paulaner brewery.

Initially the monks didn’t know if it was acceptable to drink this “fasting beer” during Lent, so they sent a small barrel to the Pope to get his blessing. On the long, hot journey to Rome the beer went off. The Pope took one sip of the rancid concoction and told the envoy that the monks were free to drink as much of the foul liquid as they liked. If he’d have known how devilishly toothsome the beer really was he might never have given it his blessing.

Initially brewed for the monks’ consumption, it was sold to the public for the first time in 1780, under the name of Salvator (meaning savior in Latin). Just as the monks started cashing in, Napoleon Bonaparte rode into town and spoiled the party. He sequestered all the monasteries and sold them to private businessmen. In 1806, the Paulaner monastery was sold to an astute businessman called Franz Xavier Zacherl. Zacherl immediately set about modernizing the brewery: he introduced steam power to heat the brewing kettles; turned the monastery into a beer hall, at 75 Hochstrasse (where it stands today); and started to market it as a “spring health cure”. But, at 7.5% alcohol by volume, you wonder what sorts of cure the town’s folk were after. Strong beer is very strong in alcohol, too, because the more Stammwürze used in the brewing process, the more alcohol created. Most strong beers are around 8% alcohol.

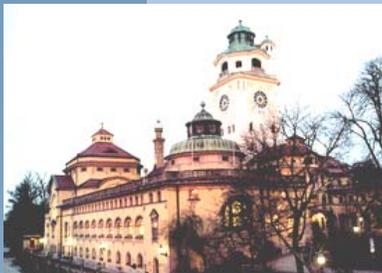
Other breweries in Munich began to copy the sought-after Salvator, but were finally blocked by a court ruling that allowed the Paulaner brewery to own the Salvator trademark. The breweries simply renamed their beers, ending each with the “ator” suffix. So the Augustiner brewery—the oldest brewery in Munich—produces Maximator, Löwenbräu makes Triumphator, and Spaten-Franziskaner makes Optimator. However, Salvator remains the original doppelbock.

Along with an Oktoberfest-style keg tapping on February 25, Paulaner at Nockherberg also features an annual highlight of political satire: the *Politiker Derblecken*. Derblecken is a Bavarian word for critically mirroring people of public interest. In the presence of Bavarian and German political elite, a performer will mock the latest government mistakes and absurdities. Sometimes the “honored” guests find a gulp or four of Starkbier necessary to swallow the traditionally harsh satires. Please note that the period of time when this special beverage is served varies at each brewery.

Starkbierzeit isn't widely publicized, which is fine with Münchners. It's their time of year to revel in Bavaria's culture and traditions. The festivities are a mini-Oktoberfest without the crowds, a chance to enjoy the local color without scrambling for a hotel room or dinner reservation. If you're coming, be sure to bring a smile, a hearty appetite, and a taste for strong beer.

Munich’s most popular places for Starkbier are Löwenbräukeller at Stiglmaierplatz, Tel +49 (0)89 526021, Unionsbräu at Einsteinstr. 42, Augustinerkeller at Arnulfstr. 52 and Paulaner at Hochstr. 77, Paulaner am Nockherberg, Tel +49 (0)89 459913-0.

Müller'sches Volksbad Munich – Indoor Pool



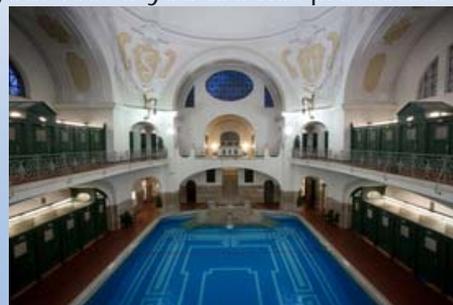
Swimmers will be hard pressed to find another setting like this.

“Ein Volksbad, hauptsächlich für das einfache Volk” (A public bath, mainly for the average person)—it was in this spirit that Karl Müller donated a piece of prime real estate—valued at 1.8 million Goldmarks—to the city of Munich in 1894. City organizers quickly went to work on the proposed project, a lavish swimming and bathing facility financed with the cash saved on acquiring the land. Designed by renowned Munich architect Karl Hocheder, the Art Nouveau masterpiece opened in 1901 nestling beside the Isar, opposite the Deutsches Museum.

The elegant Art Nouveau interior design and décor of the swimming facilities cannot be found elsewhere in Munich or in even Germany. Before swimmers head for the pool's hardwood changing cubicles, they must buy entrance tickets at a window framed by marble columns. From the changing room, swimmers may gaze out across a large gallery to the hall's 31x13-meter swimming pool. A high stucco ceiling, Art Nouveau lamps hanging from intricate bronze fittings, a Greek, water-spitting gargoyle and a clock with a zodiac design are but a few of the trappings that set the tone at this unusual aquatic center. Smaller swimming pools are found in rooms off the main hall and offer swimmers warmer waters. In 1989, an archaic, and certainly sexist, rule was lifted at the Müller'sches Volksbad. Until that time, only men were allowed access to the large pool—women had to be content with the smaller ones. Today, men and women alike may enjoy every inch of this art-gallery-cum-spa.

The most beautiful room in the Volksbad, however, houses the Roman-Irish steam bath. Under a 15-meter dome, visitors may relax in a round pool of warm water while admiring the opulent surroundings.

Visitors may also choose from one of three of the Volksbad's saunas, the hottest of which is heated at up to 80°C. A word to the wise: always bring shower sandals. The tile floors in the sauna are ridiculously hot and will burn the soles of your feet if you are not protected. Some may, however, take issue with another “little problem” at the Müller'sches Volksbad steam baths and saunas. As the Germans whimsically say, these facilities are “textile free”—meaning that visitors to these rooms are stark naked. You may wish to wrap a towel around yourself, but that won't save you the view of other nudists. At the pool section, however, swim suits are required. More info and prices: <http://www.swm.de/de/produkte/mbaeder/hallenbaeder/volksbad.html>



Cross Country tracks

Tuesday, Wednesday & Friday from 5 – 8 p.m.
The Night Loipe (tracks) in Kaltenbrunn is open for
the public.

Munich Movie Schedule www.cinema-muenchen.com

Thursday 16.02.

14:00 [Extremely Loud and Incredibly Close](#)

16:35 [War Horse](#)

19:45 [Extremely Loud and Incredibly Close](#)

22:30 [Tinker, Tailor, Soldier, Spy](#)

Friday 17.02.

14:15 [Extremely Loud and Incredibly Close](#)

17:00 [Leonardo da Vinci](#)

19:45 [War Horse](#)

23:15 [Sneak-Preview](#)

Saturday 18.02.

11:15 Nice Morning Price (only 6,50 €) [Extremely Loud and Incredibly Close](#)

13:40 Kids Club (Kids 7,90€ / Adults 8,90€) [Hugo 3D](#)

16:30 [War Horse](#)

19:45 [The Descendants](#)

22:30 [Extremely Loud and Incredibly Close](#)

Sunday 19.02.

10:00 [Leonardo da Vinci](#)

12:05 Kids Club (Kids 7,90€ / Adults 8,90€) [Hugo 3D](#)

14:30 [The Descendants](#)

16:55 [Extremely Loud and Incredibly Close](#)

19:45 [Tinker, Tailor, Soldier, Spy](#)

22:30 [Drive](#)

Monday 20.02.

13:40 [Hugo 3D](#)

16:20 [War Horse](#)

19:30 [Extremely Loud and Incredibly Close](#)

22:15 [Tinker, Tailor, Soldier, Spy](#)

Tuesday 21.02.

14:30 [Extremely Loud and Incredibly Close](#)

17:10 [The Descendants](#)

19:45 [Hugo 3D](#)

22:30 [Underworld Awakening 3D](#)

Wednesday 22.02.

14:10 [War Horse](#)

17:10 [The Artist](#)

19:30 [Tinker, Tailor, Soldier, Spy](#)

22:20 [Drive](#)

Thursday 23.02.

14:45 [Extremely Loud and Incredibly Close](#)

17:30 [Young Adult](#)

19:45 [Safe House](#)

22:15 [Ghost Rider 2: Spirit of Vengeance 3D](#)

Friday 24.02.

13:30 [Safe House](#)

15:40 [Young Adult](#)

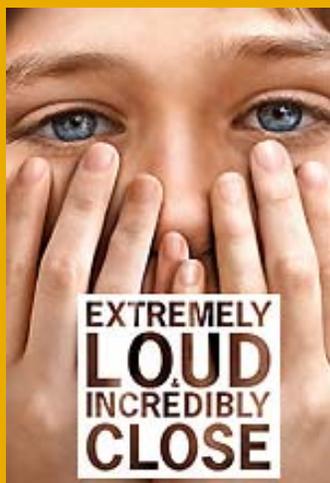
17:40 [In the Land of Blood and Honey](#)

23:15 [Sneak-Preview](#)

Wednesday

29.02.

17:15 [Leonardo da Vinci](#)



USA, 2011 | Length: 130min |
FSK: 12 | Director: Stephen
Daldry Cast: Tom Hanks, Sandra
Bullock, Thomas Horn, James
Gandolfini, Max von Sydow

Based on the acclaimed novel of the same name by Jonathan S. Foer, this touching drama tells the story of one young boy's journey from heartbreaking loss to the healing power of self-discovery, set against the backdrop of the tragic events of September 11, 2001. Young Oskar (Horn) is an exceptional child: amateur inventor, Francophile, jewellery designer, astrophysicist, pacifist. He is convinced that his father (Hanks), who died in the 9/11 attacks on the World Trade Center, has left a final message for him hidden somewhere in the city.

Feeling disconnected from his grieving mother (Bullock) and driven by a relentlessly active mind that refuses to believe in things that can't be observed, Oskar begins searching New York City for the lock that fits a mysterious key he found in his father's closet. His journey through the five boroughs takes him beyond his own loss to a greater understanding of the observable world around him.